

TICKS

You are in an area known to harbor **ticks** that carry **Lyme disease**

- Deer ticks that carry Lyme disease are found **across MA**
- **Boxborough** and nearby towns have an **above average incidence of Lyme, a serious, but treatable disease**
- **May-July** are when the tiny nymphs are seeking a host, and when the risk for Lyme is highest
- However, ticks can be present any time it is **above freezing**
- **Most people get Lyme from ticks in their backyard**

To lower your risk:

- ✓ **THE MOST IMPORTANT THING** is to check yourself, pets, and children for ticks every day when outside (even in your backyard)
- ✓ Ticks must be attached for **24 hours** to transmit Lyme
- ✓ Check by **sight and touch**. Pay special attention to the **hidden parts of your body** - groin, knees, armpits, neck, and hairline.
- ✓ Keep to the **center of the path**, away from brush and long grass
- ✓ Wear light clothing, **tuck your pants into your socks**
- ✓ Use **DEET** on skin and clothes, or clothing that contains permethrin to repel the ticks

Larva 

Adult male 

Engorged

Nymph 

Adult female 

adult female



Actual Size of Deer Ticks